

## Parish “Hour of Prayer” in preparation for the Pope’s apostolic visit

*(Exposition of Blessed Sacrament – optional)*

### Hymn: **HUMBLY WE ADORE THEE**

1. Humbly we adore thee, Christ, Redeemer, King;  
Thou art Lord of heaven, thou to whom we sing.  
God, the Mighty, thou has come, bearing gifts of grace;  
Son of Adam still thou art: Savior to our race.
2. Jesus, Lord, we thank thee for this wondrous bread;  
In our land thou dwellest, by thee we are fed.  
We who share this mystery in thee are made one;  
Ev’ry act we offer thee in thy name is done.
3. Thou who died to save us livest as our light;  
Though our eyes are blinded, yet our faith gives sight.  
Christ, do thou be merciful, Lamb for sinners slain,  
We in grief confess our guilt; cleanse our souls of stain.
4. Christ, our God and brother, hear our humble plea;  
By this holy banquet keep us joined to thee.  
Make us one in loving thee, one in mind and heart,  
Till in heaven we are thine, never more to part.
5. Hail, thou Word Incarnate, born from Mary’s womb;  
Hail, thou Strength immortal, risen from the tomb.  
Share with us thy victory, Savior ever blest:  
Live more fully in our hearts; be our constant quest.
6. Faith alone reveals here bread of Paradise;  
Faith alone may witness Jesus’ sacrifice.  
Therefore, Lord, as once of old Thomas gained his sight,  
Now increase our feeble faith; shed thy healing light.
7. Christ, at His Last Supper, breaking bread, decreed:  
“This, my Body, take and eat;” heav’nly food indeed!  
Then he blessed the cup of wine; “Take ye this,” he said:  
“Drink the chalice of my Blood, soon for sinners shed.”
8. Now with glad thanksgiving, praise Christ glorified;  
He in us is present; we in him abide.  
Members of His body, we in Him are one;  
Hail this sacred union, heav’n on earth begun!

**Priest or Animator: Prayer for Papal Visit** *(together)*

Heavenly Father, we praise and thank you for your Son, Jesus Christ, our gift of faith and salvation.

We also thank you for Your servant, Pope Francis, successor of Saint Peter, the Rock on which Christ built His Church.

Bless him with health and strength as we, the faithful in Singapore and the region, ready ourselves to welcome the Good News he will bring us during his visit.

May his presence bring Catholics together in faith, love, hope, and mission so that, as Church, we may bring unity to a divided and polarised world by spreading the Word of Life to all.

Grant us a fresh outpouring of Your Holy Spirit that our hearts and minds be enlightened and moved by the Holy Father's teaching and ministry.

May his Apostolic Visit bear abundant fruit for all who hear or meet him.

Mary, Star of the New Evangelisation, pray for us and protect our Holy Father.

We entrust the people of Singapore and the region to your powerful and loving intercession.

Amen.

Priest or Animator:

Let us spend a minute in silent prayer

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Let us sing the hymn "Christ be our Light"

**Hymn: Christ be our Light**

Longing for light, we wait in darkness  
Longing for truth, we turn to You  
Make us Your own, Your holy people  
Light for the world to see

Christ, be our light  
Shine in our hearts  
Shine through the darkness  
Christ, be our light  
Shine in Your church gathered today

Longing for shelter, many are homeless  
Longing for warmth, many are cold  
Make us Your building, sheltering others  
Walls made of living stone

Christ, be our light  
Shine in our hearts  
Shine through the darkness  
Christ, be our light  
Shine in Your church gathered today

Many the gifts, many the people  
Many the hearts that yearn to belong  
Let us be servants to one another  
Making Your kingdom come

Christ, be our light  
Shine in our hearts  
Shine through the darkness  
Christ, be our light  
Shine in Your church gathered today

Christ, be our light  
Shine in our hearts  
Shine through the darkness  
Christ, be our light  
Shine in Your church gathered today

Priest or Animator:

A reading from the prophet Isaiah 9:2

**The people that walked in darkness has seen a great light; on those who live in a land of deep shadow, a light has shone**

Let us spend a minute in silent prayer and reflection

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Let us sing the hymn "Glory and praise to our God"

**Hymn: Glory and praise to our God**

Glory and praise to our God  
Who alone gives light to our days  
Many are the blessings He bears  
To those who trust in His ways

We the daughters and sons of Him  
Who built the valleys and plains  
Praise the wonders our God has done  
In every heart that sings

Glory and praise to our God  
Who alone gives light to our days  
Many are the blessings He bears  
To those who trust in His ways

In His wisdom He strengthens us  
Like gold that's tested in fire  
Though the power of sin prevails  
Our God is there to save

Glory and praise to our God  
Who alone gives light to our days  
Many are the blessings He bears  
To those who trust in His ways

Priest or Animator:

A reading from the book of Genesis 17:7

**I will establish my Covenant between myself and you, and your descendants after you, generation after generation, a Covenant in perpetuity, to be your God and the God of your descendants after you.**

Let us spend a minute in silent prayer and reflection  
.....

Let us sing the hymn "Holy God we praise Thy name"

**Hymn: HOLY GOD, WE PRAISE THY NAME**

1. Holy God, we praise Thy name;  
Lord of all, we bow before Thee;  
All on earth Thy scepter claim;  
All in heaven above adore Thee.  
\*Infinite Thy vast domain,  
Everlasting is Thy reign!\* [\*x2]

2. Hark, the loud celestial hymn;  
Angel choirs above are raising;  
Cherubim and Seraphim,  
In unceasing chorus praising,  
\*Fill the heavens with sweet accord:  
"Holy, holy, holy, Lord!"\* [\*x2]

Priest or Animator:

A reading from the first letter of Peter 1:14-16

**Do not behave in the way that you liked to before you learnt the truth; make a habit of obedience:  
be holy in all you do, since it is the Holy One who has called you,  
and scripture says: Be holy, for I am holy.**

Let us spend a minute in silent prayer and reflection  
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Let us sing the hymn "Hosea"

**Hymn: HOSEA**

1. Come back to me with all your heart,  
don't let fear keep us apart.  
Trees do bend, tho' straight and tall;  
so must we to others' call. (R)

**Refrain:**

**Long have I waited for your coming  
home to me and living deeply our new life.**

2. The wilderness will lead you  
to your heart where I will speak.  
Integrity and justice  
with tenderness you shall know. (R)
3. You shall sleep secure with peace;  
faithfulness will be your joy. (R)

Priest or Animator:

A reading from the prophet Micah 6:6-8

**"With what gift shall I come into Lord's presence and bow down before God on high? Shall I come with holocausts, with calves one year old?**

**Will he be pleased with rams by the thousand, with libations of oil in torrents? Must I give my first-born for what I have done wrong, the fruit of my body for my own sin?"**

**- What is good has been explained to you, man; this is what the Lord God asks of you: only this, to act justly, to love tenderly and to walk humbly with your God.**

Let us spend a minute in silent prayer and reflection

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Let us sing the hymn "O God, You search me"

**Hymn: O GOD, YOU SEARCH ME**

1. O God you search me and you know me,  
All my thoughts lie open to your gaze.  
When I walk or lie down you are before me:  
Ever the maker and keeper of my days.
2. You know my resting and my rising,  
You discern my purpose from afar.  
And with love everlasting you besiege me:  
In every moment of life and death, you are.
3. Before a word is on my tongue, Lord,  
You have known its meaning through and through.

You are with me beyond my understanding:  
God of my present, my past and future, too.

4. Although your spirit is upon me,  
Still I search for shelter from your light.  
There is nowhere on earth I can escape you:  
Even the darkness is radiant in your light.
5. For you created me and shaped me,  
Gave me life within my mother's womb.  
For the wonder of who I am I praise you:  
Safe in your hands, all creation is made new.  
Safe in your hands, all creation is made new.

Priest or Animator:

A reading from the first letter of Peter 2:9-10

**But you are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light. Once you were not a people at all and now you are the People of God; once you were outside the mercy and now you have been given mercy.**

Let us spend a minute in silent prayer and reflection  
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Let us sing the hymn "Jesus, my Lord, my God"

**Hymn: JESUS, MY LORD, MY GOD, MY ALL**

1. Jesus, my Lord, my God, my all,  
how can I love Thee as I ought?  
and how revere this wondrous gift,  
so far surpassing hope or thought?  
Jesus, my Lord, I Thee adore.  
O make me love Thee more and more. (X 2)
2. Had I but Mary's sinless heart  
to love Thee with, my dearest King,  
O, with what bursts of fervent praise  
Thy goodness, Jesus, would I sing!  
Jesus, my Lord, I Thee adore,  
O make me love thee more and more. (X 2)

Priest or Animator:

A reading from the Acts of the Apostles 4:29-31

**And now, Lord, help your servants to proclaim your message with all boldness, by stretching out your hand to heal and to work miracles and marvels through the name of your holy servant Jesus.'**

**As they prayed, the house where they were assembled rocked; they were all filled with the Holy Spirit and began to proclaim the word of God boldly.**

Let us spend a minute in silent prayer and reflection  
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Let us sing the hymn "The Lord is my Shepherd"

**Hymn: The Lord is my Shepherd**

The Lord is my Shepherd;  
He is Lord and I am His guest.  
Fresh and green are the pastures  
where He leads me to my rest.  
Near peaceful waters He leads me  
To cheer up my cheerless heart.  
He guides me on the safe path,  
He will always do his part.

Chorus:

If I should ever walk in the valley of darkness,  
No evil would I fear;  
You are there to show the way  
If I should ever walk in the valley of darkness,  
Your crook and your staff,  
They will lead me to the day.

You prepare a banquet in the sight of my foes,  
You cool my head with oil, and my cup now overflows.  
Surely goodness and kindness will be with me all the way.  
The Lord's house for my dwelling, I will thank Him ev'ry day.

Chorus:

If I should ever walk in the valley of darkness,  
No evil would I fear;  
You are there to show the way  
If I should ever walk in the valley of darkness,  
Your crook and your staff,  
They will lead me to the day.

Priest or Animator:

A reading from the first letter of Peter 3:13-17

**No one can hurt you if you are determined to do only what is right;**

**if you do have to suffer for being good, you will count it a blessing. There is no need to be afraid or to worry about them.**

**Simply reverence the Lord Jesus Christ in your hearts, and always have your answer ready for people who ask you the reason for the hope that you all have.**

**But give it with courtesy and respect and with a clear conscience, so that those who slander you when you are living a good life in Christ may be proved wrong in the accusations that they bring.  
And if it is the will of God that you should suffer, it is better to suffer for doing right than for doing wrong.**

Let us spend a minute in silent prayer and reflection  
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Let us sing the hymn "In every age"

**Hymn: In Every Age**

Long before the mountains came to be  
And the land and sea and stars of the night  
Through the endless seasons of all time  
You have always been  
You will always be

In ev'ry age, O God, you have been our refuge  
In ev'ry age, O God, you have been our hope

Destiny is cast, and at your silent word  
We return to dust and scatter to the wind  
A thousand years are like a single moment gone  
As the light that fades  
At the end of day

In ev'ry age, O God, you have been our refuge  
In ev'ry age, O God, you have been our hope

Teach us to make use of the time we have  
Teach us to be patient even as we wait  
Teach us to embrace our ev'ry joy and pain  
To sleep peacefully  
And to rise up strong

In ev'ry age, O God, you have been our refuge  
In ev'ry age, O God, you have been our hope

In ev'ry age, O God, you have been our refuge  
In ev'ry age, O God, you have been our hope  
You have been our refuge  
You have been our hope



Priest or Animator:

United in the Lord and in prayer, we place our hope in the Lord as we pray for Pope Francis (together) ...

**For our Holy Father, Pope Francis, and the Universal Church, that his Apostolic Visit to Indonesia, Papua New Guinea, Timor-Leste, and Singapore may inspire us to bring the joy of the Gospel to all peoples, renew and strengthen our faith, convert hearts, foster unity, and bring hope to humanity. Amen.**

Priest or Animator:

Let us spend a minute in silent prayer as we offer up other needs and intentions to the Lord

With all these prayers, let us sing the next hymn "All to Jesus, I surrender"

**Hymn: All to Jesus, I surrender**

1 All to Jesus I surrender;  
All to Him I freely give;  
I will ever love and trust Him,  
In His presence daily live.

**Refrain:**

**I surrender all,  
I surrender all;  
All to Thee, my blessed Saviour,  
I surrender all.**

2 All to Jesus I surrender;  
Humbly at His feet I bow,  
Worldly pleasures all forsaken;  
Take me, Jesus, take me now. [Refrain]

3 All to Jesus I surrender;  
Make me, Saviour, wholly Thine;  
Let me feel Thy Holy Spirit,  
Truly know that Thou art mine. [Refrain]

4 All to Jesus I surrender;  
Lord, I give myself to Thee;  
Fill me with Thy love and power;  
Let Thy blessing fall on me. [Refrain]

Priest or Animator:

A reading from the letter to the Romans 8:9

**Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him.**

Let us spend a minute in silent prayer and reflection

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Let us sing the hymn "Spirit Song"

**Hymn: Spirit Song**

Oh, let the Son of God enfold you  
with His Spirit and His love;  
Let Him fill your heart and satisfy your soul  
Oh, let Him have the things that hold you,  
and His Spirit, like a dove,  
Will descend upon your life and make you whole

O Jesus, O Jesus, come and fill Your lambs  
O Jesus, O Jesus, come and fill Your lambs

Oh, come and sing the song with gladness  
as your hearts are filled with joy  
Lift your hands in sweet surrender to His name  
Oh, give Him all your tears and sadness,  
give Him all your years of pain,  
And you'll enter into life in Jesus' name

O Jesus, O Jesus, come and fill your lambs  
O Jesus, O Jesus, come and fill your lambs

Oh, let the Son of God enfold you  
with His Spirit and his love;  
Let him fill your heart and satisfy your soul  
Oh, let Him have the things that hold you,  
and His Spirit, like a dove,  
Will descend upon your life and make you whole  
He'll descend upon your life and make you whole

*\* (If there is exposition of the Blessed Sacrament)*

**BENEDICTION**

Down in adoration falling  
This great Sacrament we hail,  
Ancient types have long departed,  
Newer rites of grace prevail.  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
Honour, might and praise addressing  
While eternal ages run;  
Equal praise to Him confessing

Who proceeds from both as one. Amen.

V: You have given them bread from heaven

R: Having in itself all delight.

**Priest:** Let us pray.

O God, in this wonderful Sacrament You have left us a memorial of Your Passion.

We ask You to enable us so to worship the sacred mysteries of Your Body and Blood

that we may constantly feel in our lives

the effects of Your Redemption:

You who live and reign forever and ever.

**All:** Amen.

### **REPOSITION: DIVINE PRAISES**

Blessed be God,

Blessed be His Holy Name

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the most holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God, in His Angels and in His Saints.

*\* (If there is no exposition of the Blessed Sacrament)*

Priest or Animator:

Let us sing the closing hymn "Make me a channel of Your peace"

### **Closing hymn: Make me a channel of Your peace**

Make me a channel of Your peace

Where there is hatred let me bring Your love

Where there is injury, Your pardon Lord

And where there is doubt true faith in You

Make me a channel of Your peace

Where there is despair in life let me bring hope

Where there is darkness only light

And where there's sadness ever joy

Oh, Master grant that I may never seek  
So much to be consoled as to console  
To be understood as to understand  
To be loved as to love with all my soul

Make me a channel of Your peace  
It is in pardoning that we are pardoned  
It is in giving to all men that we receive  
And in dying that we are born to eternal life

Oh, Master grant that I may never seek  
So much to be consoled as to console  
To be understood as to understand  
To be loved as to love with all my soul

Make me a channel of your peace  
Where there's despair in life let me bring hope  
Where there is darkness only light  
And where there's sadness ever joy

Priest or Animator:

Thank you for praying and preparing ourselves spiritually for the coming Pope's visit.

Let us continue to be united in heart and soul, and pray with a lively hope for Pope Francis, our Archbishop William Cardinal Goh, and for the Church in Singapore that God will bless us abundantly and that God's blessings will also flow from us to the people of Singapore.

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Appendix of hymns:

1. HUMBLY WE ADORE THEE
2. Christ be our Light
3. Glory and praise to our God
4. HOLY GOD, WE PRAISE THY NAME
5. HOSEA
6. GOD, YOU SEARCH ME
7. JESUS, MY LORD, MY GOD, MY ALL
8. The Lord is my Shepherd
9. In Every Age
10. All to Jesus, I surrender
11. Spirit Song
12. BENEDICTION \*
13. REPOSITION: DIVINE PRAISES \*
14. Make me a channel of Your peace